stressed-out

APPENDIX A: Example Word List

relaxation workplace multitasking value perspective product exhausting brand name survey promote no-brainer cost-effective logo high-tech innovative analyze implication technology pressure role

juggle pace

efficient

trend

APPENDIX B: Example Vocabulary Word Sentences

The story is told from the perspective of a housewife in the 1920s.

This election has important **implications** for the future of U.S. democracy.

He had **pressure** from his father to become a doctor because his father and brother are also doctors.

Working mothers have to **juggle** their jobs, their children's needs, and their housework.

The question of who to choose for the Best Teacher of the Year should be a **no-brainer**. Of course, we should choose Mr. Brown.

Our assistant is very **efficient**. She completes all the tasks quickly and accurately.

It wouldn't be **cost-effective** to buy an expensive new computer when all you want to do is word processing.

He always comes up with new and interesting ideas. He is an **innovative** young man.

Newspapers play a major **role** in determining how people think about politics.

The pace of change in our lives is becoming faster and faster.

APPENDIX C: Example Cloze Sentences

The story is told from the	of a housewife in the 1920s.	
This election has important	for the future of U.S. democra	асу.
He had from his fa are also doctors.	ther to become a doctor because his fatl	her and brother
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NEW WAYS IN TEACHING WITH GAMES